



Year Group: 1

Term: Autumn

Subject: PSHE

Learning/ Skill: Relationships

Resources

Kidsafe resources kindness jar, kind cards to give children when spotted being kind, Have you filled a bucket today? You tube book, different family photos, manners cards

National Curriculum Links/Learning:

Families and friendships

Roles of different people; families; feeling cared for

Safe Relationships

Recognising privacy; staying safe; seeking permission

Respecting ourselves and others

How behaviour affects others; being polite and respectful

Prior Learning:

Families and friendships

Who is in my family? What makes a good friend?

Safe relationships

Who to ask for help if they felt unsafe; trusted grown-ups in school

Respecting ourselves and others

Using 'please' and 'thank you'; what are good manners?

Activities/Teaching

Families and friendships

- about people who care for them, e.g. parents, siblings, grandparents, relatives, friends, teachers
- the role these different people play in children's lives and how they care for them

- what it means to be a family and how families are different, e.g. single parents, same-sex parents, etc.

- about the importance of telling someone — and how to tell them — if they are worried about something in their family

Safe Relationships

- about situations when someone's body or feelings might be hurt and whom to go to for help
- about what it means to keep something private, including parts of the body that are private

- to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches)

- how to respond if being touched makes them feel uncomfortable or unsafe

- when it is important to ask for permission to touch others

- how to ask for and give/not give permission

Respecting ourselves and others

- what kind and unkind behaviour mean in and out school

- how kind and unkind behaviour can make people feel

- about what respect means

- about class rules, being polite to others, sharing and taking turns

Subject Specific Vocabulary

Private places kind unkind uncomfortable permission family

Any subject specific requirements?

Future learning: Families and friendships

Making friends; feeling lonely and getting help

Safe Relationships

Managing secrets; resisting pressure and getting help; recognising hurtful behaviour

Respecting ourselves and others

Recognising things in common and differences; playing and working cooperatively; sharing opinions